

# Nature Nuts After-School & Camps Program

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*Welcome! Nature Nuts offer daily outdoor field trips for exploration, adventure and meaningful interactions with the natural world! We are glad you have chosen to join us for this adventure. Please read this information for details about our program and return the attached forms.*

Peacock Family Services is a non-profit, 501(c)3 organization founded in 2009. Peacock offers childcare and preschool at its Early Childhood Development Center, after-school care and camp options through the Nature Nuts program, and parent education opportunities.

## **Our Vision**

The children of North Kitsap County will reach their full potential, nurtured by families and caregivers who feel supported, informed and connected.

## **Our Mission**

Peacock Family Services' mission is to promote the healthy social and emotional development of children by providing nurturing and enriching care and family support.

## **Our Values**

### **Peacock values Inclusiveness**

Peacock believes that inclusiveness is essential to a diverse, engaged, and supported community of families. From our dedication to providing access through financial support for childcare, to recognizing that each child and family's needs are unique and valued, we express our commitment to inclusiveness.

### **Peacock values Health**

Peacock believes that a healthy environment is essential for a healthy child. From our collaboration with parents in developing the whole child, to our investment in our staff's development, and our eco-friendly facility, we demonstrate our commitment to emotional and physical health.

### **Peacock values Community**

Peacock believes in the importance of providing a supportive community for our families. From our early childhood center, to our family resources, and community partnerships, we are committed to being the resource hub for families in the greater Bainbridge community.

## Contact Information

Phone: 360-471-1993  
NatureNutsBainbridge@gmail.com

Peacock Family Services  
305 Madison Ave N, Suite C  
Bainbridge Island, WA 98110  
(206) 780-1505

It is our hope that each student will have an enriching, positive experience each and every day. Please feel free to contact us at [NatureNutsBainbridge@gmail.com](mailto:NatureNutsBainbridge@gmail.com) with questions, concerns or feedback on our programs.

*We look forward to supporting your child in adventurous outdoor exploration during our after-school and camps program.*

# Nature Nuts: General Information

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## General Policies:

- Children must stay with the program for the full time and cannot “meet-up” or leave our program while we are out in the field.
- Call or text the Nature Nuts phone as soon as possible if your child will be absent due to an illness, injury, or other circumstance. A 24 hour notice is requested if you know your child will be absent.
- Please make sure that your child is not ill prior to sending them to the Nature Nuts. If your child arrives ill to the program, you will be asked to make other arrangements. This includes rashes and/or infections that may be contagious or may inhibit your child’s participation or hinder the full participation of other children. If your child becomes ill during the program, it is your responsibility to arrange to have them picked up to protect the health of all our children
- Nature Nuts staff encourage personal responsibility of belongings and are not responsible for any personal items that may be lost or broken while in attendance. We recommend labeling all of your child’s belongings.

## Snack Information:

- Snacks will be provided during the program. Please include any dietary restrictions (i.e. vegetarian, dairy free) on your child’s health form.
- Children are welcome to bring an additional snack in their lunch box, provided it does not contain nuts.
- Children may eat snacks outdoors while on a field trip. In this case, children will be provided with wet-wipes or hand sanitizer to clean their hands. If you prefer your child does not use this, please include this on their health form with an alternative way to clean hands.
- Children must bring their own lunches to all Nature Nuts camps.
- Due to severe allergies, we are a nut-free program. Please do not include any nut items in your child’s lunchbox when your child is attending our after-school or camps program.

## Pick-Up Procedures:

- Children will be picked up from the designated location, unless the Program Manager has approved a different pickup location due to weather or unforeseen circumstances.
- Nature Nuts staff will release children only into the care of an “Authorized Adult” as specified on the following forms. Any individual wishing to pick up a child may be asked to show photo identification prior to the child being released to them to ensure the safety of your child. Written notification is required for dismissal of a child to an individual not listed as an authorized person.

## Medication Practices:

Nature Nuts prefers not to administer any form of medication to participants. If a participant is prescribed a medication that they need periodically throughout the day and cannot be given by a parent/guardian, a **medication form** must be filled out by the parent/guardian and the appropriate amount of medication provided to the instructor. Any leftover medication will be returned to the parent/guardian.

If your child requires **emergency response medication**, such as an epi-pen, please provide this to the instructor and it will be kept with the Nature Nuts first-aid kit, which stays with instructors and participants while at Nature Nuts. Please include this information on your Health Form. An individual action plan must be submitted for any chronic medical issues.

## Gear List:

Students will be actively engaged **outdoors in all kinds of weather**, so we recommend bringing the following items. Nature Nuts has a small collection of boots, rain jackets and warm layers to borrow.

- |   |  |
|---|--|
| <input type="checkbox"/> Small Backpack | <input type="checkbox"/> Extra socks       |
| <input type="checkbox"/> Water-bottle   | <input type="checkbox"/> Hat and sunscreen |
| <input type="checkbox"/> Raincoat       | <input type="checkbox"/> Change of clothes |
| <input type="checkbox"/> Boots          |  |

# Nature Nuts– Enrollment Form

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This is an agreement to enroll \_\_\_\_\_ (child's name)

## CHILD'S INFORMATION

Child's Name: \_\_\_\_\_

Child's Nickname(s) \_\_\_\_\_

Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age Today: \_\_\_\_\_

Grade:  K  1  2  3

School Attending: \_\_\_\_\_

Child's Teacher: \_\_\_\_\_

At Nature Nuts since: \_\_\_\_\_

Gender:  Male  Female

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

With whom does this child live?  Both parents  Mother  Father  Other: \_\_\_\_\_

Eye Color: \_\_\_\_\_ Hair Color: \_\_\_\_\_ Height: \_\_\_\_\_' \_\_\_\_\_" Weight: \_\_\_\_\_ lbs

Serious Allergies (more details on health form): \_\_\_\_\_

Primary Language: \_\_\_\_\_

Does your child receive Special Education (including IEPs) services in school? \_Yes \_No

## PARENT/GUARDIAN INFORMATION

Name \_\_\_\_\_

Name \_\_\_\_\_

Relationship to child \_\_\_\_\_

Relationship to child \_\_\_\_\_

Primary Phone # \_\_\_\_\_

Primary Phone # \_\_\_\_\_

This number is a:  cell  home  work

This number is a:  cell  home  work

Alternative Phone #: \_\_\_\_\_

Alternative Phone #: \_\_\_\_\_

This number is a:  cell  home  work

This number is a:  cell  home  work

Address \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Preferred E-Mail \_\_\_\_\_

Preferred E-Mail \_\_\_\_\_

## How did you hear about us?

I previously attended Peacock  Newspaper  Relative/Friend  Flyer  School  PFC Website

Other: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# Nature Nuts – Health Info & Consent Form

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Child's Name: \_\_\_\_\_ Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

*I understand that every effort will be made to contact me in the event of an emergency requiring medical attention for my child. If I cannot be reached, I hereby authorize Nature Nuts or a Peacock Family Services program staff to call 911 and/or transport my child to the nearest medical facility and/or seek emergency medical attention if necessary. I understand that staff are trained in the basics of First Aid and CPR and I authorize them to give my child the necessary treatment. I understand that if my child becomes sick during the program it is my responsibility to come pick them up early.*

Child's **Allergies** (please indicate if allergies are *mild* or *severe*; if allergies are severe please indicate any special precautions that pertain to your child): \_\_\_\_\_  
\_\_\_\_\_

Does your child carry an epi-pen for any of these **allergies**?  No  Yes, for \_\_\_\_\_

What is your child's reaction to these allergens (what can staff look for)?: \_\_\_\_\_  
\_\_\_\_\_

Does your child take any medications? \_Yes \_No

If yes, name of medication: \_\_\_\_\_ for: \_\_\_\_\_ time taken: \_\_\_\_\_

Dietary Restrictions (please list all): \_\_\_\_\_

Health Insurance Coverage: \_\_\_\_\_ Policy/ID Number: \_\_\_\_\_

Child's Preferred Urgent Care: \_\_\_\_\_ Hospital: \_\_\_\_\_

Does your child have any pre-existing conditions Emergency Medical Services should know about should they need to treat your child in an emergency? \_\_\_\_\_  
\_\_\_\_\_

Is there any other information you would like us to know about your child?  
\_\_\_\_\_  
\_\_\_\_\_

## **Emergency Contact(s):** (this is the FIRST people we will contact in an emergency)

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

*If the above Parent/Guardian cannot be reached:*

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

*If the above Parent/Guardian cannot be reached:*

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

**Parent/Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

# Nature Nuts – Pick-Up Authorization Form

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Child's Name: \_\_\_\_\_

\_\_\_ I understand that Nature Nuts Staff will **only release my child to the authorized adults** listed below.

\_\_\_ I understand that any **changes** to the authorized adults listed below **must be made in writing**.

\_\_\_ I understand that the authorized adults listed below **must be present** to escort my child from the program area

\_\_\_ I understand that Nature Nuts Staff are authorized to **ask for a valid photo ID** to confirm the person picking up my child is an authorized adult listed below.

\_\_\_ I understand that the following authorized **adults will be called if my child is not picked up** by his/her scheduled pick up time or if I cannot be reached.

\_\_\_ I understand that my child must be picked up by an authorized adult **on time** each day.

## **Authorized Adults to release my child from Nature Nuts After-School & Camps Program:**

1. Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

2. Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

3. Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

## **Additional Authorized Adults to Release my Child:**

4. Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

5. Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

**Please list below any people who may not pick up your child without additional written permission.**

1. Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

2. Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

**Parent/Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

# Nature Nuts – Parent Permission Form

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- Yes       No      **FIELD TRIPS:** I understand that Nature Nuts is a field-trip based program. I give permission for my child to walk to off-site field locations. I give permission for my child to be driven in the Nature Nuts vehicle. I understand that this vehicle is driven by a qualified Nature Nuts staff member. I give permission for my child to participate in off-site field trips every day.
- Yes       No      **BOOSTER SEAT:** My child is under 8 years of age *and* under 4'9" and must sit in a booster seat in the Nature Nuts Van as per the Child Passenger Restraint Law (RCW 46.61.687)
- Yes       No      **MOVIE RATING:** I give permission for my child to watch educational videos that have been pre-screened by staff and/or G or PG rated education movies (such as *Planet Earth*) at Nature Nuts.
- Yes       No      **MEDIA RELEASE:** I give permission for my child to be photographed or videotaped while attending Nature Nuts for the purpose of promotion or display materials, such as but not limited to flyers, newspaper, televisions, newsletters and social media.
- Yes       No      **SUNSCREEN/HAND SANITIZER:** I give permission for Nature Nuts staff to apply sunscreen and/or hand sanitizer on my child.

**If you answered NO to any of the permissions above, please feel free to explain and/ or suggest an alternate plan of action:**

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## ACKNOWLEDGEMENT OF POLICIES AND GUIDELINES

*In order for Nature Nuts to be a successful experience for all, I understand it is important that children and parents/guardians follow all rules, policies, and procedures. By signing below, I acknowledge that I agree to abide by the policies and procedures of Nature Nuts After-School & Camps Program. I will contact the Program Manager if I have any questions or concerns.*

**Parent/Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

# Nature Nuts Student Contract

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The Student Contract is for children to take responsibility of their bodies and actions while in our program. Please help your child read, understand and sign the student contract to actively engage in personal responsibility.

Nature Nuts is an exciting outdoor experience. When you come to the after-school program, you are agreeing to:

- Respect other people by
  - Being open minded and accepting people who are may have different ideas than you
  - Respecting other people's belongings, gear and personal space
  - Using appropriate and positive language
  - Being a good team member and being inclusive of other children
  
- Respect nature and the Earth by
  - Staying on the trail
  - Leaving plants, creatures and other treasures where you find them (unless a staff member invites you to do otherwise)
  - Being quite around wildlife and giving them space
  
- Cooperate with staff by
  - Listening to directions
  - Staying within the boundaries
  - Letting staff know when you need help or have a problem
  
- Take responsibility for myself by
  - Keeping hands and arms to yourself
  - Making sure your body is safe
  - Keeping track of your belongings
  - Using your words to solve problems with others (and asking for help from an adult when you need it)

I have read and understand the student responsibilities and agree to follow these rules when I am at Nature Nuts.

STUDENT SIGNATURE: \_\_\_\_\_